Mapping of innovative medicines

EFCCA has undertaken an exhaustive mapping of all innovative medicines and devices that are available in member countries of EFCCA.

31 countries (32 patient associations) from the EFCCA network participated between October 2016 and December 2017.

The results show existing health inequalities between member countries and regions on issues such as healthcare systems, reimbursement policies and access to treatment.

EFCCA
European Federation of Crohn’s & Ulcerative Colitis Associations
Reimbursement policies

Having to pay everything up front, even with a later full reimbursement, can be difficult for those with low income and can even lead to the patient not being able to purchase prescription medicines.

Regional differences in some countries

- the country’s federations making up their own laws or having their own insurance systems
- geographical reasons
- distribution of specialists

Such variations can put IBD patients in very unequal positions in terms of access to care, even if they live in the same country and within the same health care system.

Availability and access to innovative medicines

- only 1 (Humira) of the 7 medicines was approved for IBD patients in all participating countries
- only five countries could offer access to all of the 7 medicines to IBD patients

Patients’ choice of doctor

A good patient-physician relationship is associated with better compliance to treatment. Being able to choose one’s health care provider, instead of being appointed to one, may help develop a patient-physician relationship that promotes the patient’s compliance to treatment and quality of life.

- 66% patient can freely choose his/her health care provider
- 16% health care provider is defined by the system based on e.g. where the patient lives
- 16% other policy (the patient can choose their GP and the GP refers to a specialist at the region’s discretion based on the patient’s requirements)
Recommendations

Access to new innovative therapies needs to be accelerated; national associations are encouraged to take advantages of the outcomes of this project in their work.

In rural areas and regions where distances are long, the possibilities of telemedicine and online services should be developed.

Developing IBD patient registries on national or European level needs to be encouraged.

About EFCCA

European Federation of Crohn’s and Ulcerative Colitis Associations (EFCCA) is an umbrella organization representing 34 national IBD patient associations. EFCCA aims to improve the quality of life for people with IBD and give them a louder voice and higher visibility across Europe and beyond. For more information, visit www.efcca.org

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